Increasing riverine heat influx triggers Arctic sea ice decline and oceanic and atmospheric warming

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Arctic river discharge increased over the last several decades, conveying heat and freshwater into the Arctic Ocean and likely affecting regional sea ice and the ocean heat budget. However, until now, there have been only limited assessments of riverine heat impacts. Here, we adopted a synthesis of a pan-Arctic sea ice-ocean model and a land surface model to quantify impacts of river heat on the Arctic sea ice and ocean heat budget. We show that river heat contributed up to 10% of the regional sea ice reduction over the Arctic shelves from 1980 to 2015. Particularly notable, this effect occurs as earlier sea ice breakup in late spring and early summer. The increasing ice-free area in the shelf seas results in a warmer ocean in summer, enhancing ocean-atmosphere energy exchange and atmospheric warming. Our findings suggest that a positive river heat-sea ice feedback nearly doubles the river heat effect.

INTRODUCTION
River discharge transports large volumes of relatively warm freshwater into the Arctic Ocean (1), affecting the heat budget and potentially enhancing sea ice decline. Observations show high riverine heat (\(Q_{rh}\)) in spring and early summer when the shelf seas are still covered by ice (2). The entrained \(Q_{rh}\) is difficult to measure, however, since it remains invisible to satellite observations and is largely decoupled from the atmosphere (3). Meanwhile, its effect becomes clearly visible in spring when \(Q_{rh}\) triggers ice breakup in the vicinity of river mouths (4, 5). Subsequent warming of ocean surface waters in summer further delays sea ice formation in autumn (6), although the relationship between \(Q_{rh}\) and autumn sea ice is less defined compared to the well-established strong impact of \(Q_{rh}\) on spring sea ice retreat (3, 4). There are, however, reasons to believe that the impacts of \(Q_{rh}\) are not confined to seasonal changes of sea ice in the shelf seas. Enhanced offshore sea ice retreat in spring caused by \(Q_{rh}\) likely results in further increase of net solar radiation loading during summer, which is closely linked to seasonal heat cycling in the upper ocean and energy exchange with the atmosphere linked to climate (7, 8). However, more comprehensive information needed to quantify the various impacts of \(Q_{rh}\) in the Arctic has been lacking.

There is now no alternative to numerical modeling for quantifying \(Q_{rh}\) transport over the Arctic shelves and further offshore to the deep-sea areas and the associated impacts on Arctic sea ice variability. Most state-of-the-art climate models have incorporated riverine freshwater (volume) influxes to the Arctic Ocean (9–13). However, \(Q_{rh}\) has been rarely included in these models. Recently, \(Q_{rh}\) has been simulated in fully coupled climate models incorporating more sophisticated land surface modules, namely, CM2M and CM2G from the Geophysical Fluid Dynamics Laboratory. Another state-of-the-art model, Nucleus for European Modeling of the Ocean (NEMO), has an optional parameterization of \(Q_{rh}\) in which river water temperature (\(T_w\)) was represented by sea surface temperature (\(T_s\)) observed at river mouths (14), although this parameterization does not realistically account for the seasonal change of \(T_w\). Whitefield et al. (15) developed a new pan-Arctic climatological dataset of river discharge and \(T_w\) based on observed records from 30 Arctic rivers and used this dataset in regional sea ice-ocean model simulations, showing that riverine heat fluxes to the Arctic shelves reduced September sea ice extent by ~10% from 1979 to 2012. While these prior studies have made notable advances in clarifying the influence of river heat on Arctic ocean-sea ice-atmosphere dynamics, previous model studies have not deeply evaluated impacts of interannually variable \(Q_{rh}\). In this study, we combined a pan-Arctic coupled sea ice-ocean model [Center for Climate System Research Ocean Component Model (COCO), version 4.9] (16) with an Arctic land surface model [A coupled hydrological and biogeochemical model (CHANGE)] and distributed hydrological model (1, 17) to quantify the \(Q_{rh}\) impact on decreasing Arctic sea ice within the six major Arctic shelf regions (Fig. 1C) in the recent decades (1980–2015). The coupled land-ocean-sea ice model framework provides capabilities for clarifying the influence of \(Q_{rh}\) seasonal and interannual variability and long-term warming trends on Arctic sea ice dynamics in the recent decades. The experimental design also represents a substantial advance toward more realistic simulation and attribution of Arctic river ice variability, feedbacks, and underlying drivers.

RESULTS AND DISCUSSION
Spatiotemporal variability of riverine heat
According to the CHANGE simulations, an average of \(9.4 \times 10^{18}\) J year\(^{-1}\) of \(Q_{rh}\) was delivered to the Arctic river mouths from 1980 to 2015 (Fig. 1C), which is equivalent to an annual heat flux of 3.0 TW. This estimate is similar to the 3.2 TW estimate obtained by Whitefield et al. (15) based on observations from 30 Arctic rivers. Our analysis showed an increasing \(Q_{rh}\) trend of \(0.25 \pm 0.09 \times 10^{18}\) J year\(^{-1}\)
during this period (Fig. 2A). This $Q_{rh}$ contribution to the Arctic Ocean energy budget is sizable, constituting about 6.8% of oceanic heat inputs from the Atlantic and Pacific oceans (18)—enough to melt $0.31 \times 10^6$ km$^2$ of 1-m-thick ice. The $Q_{rh}$ is characterized by strong seasonal variability; whereby, approximately 65% of the annual $Q_{rh}$ input occurs from May to July (Fig. 2B) when the Arctic shelf is mostly covered by sea ice, thus warming the shelf waters (4). Independent observations of melting dates derived from the satellite record show a 10- to 30-day delay in seasonal retreat of the ice cover over the shelf seas relative to thawing of nearby Arctic land areas from 1980 to 2015 (fig. S1). The spring thaw signal over Arctic land areas coincides with seasonal snowmelt and the freshwater runoff pulse to Arctic rivers (19, 20); the earlier terrestrial thaw onset indicates a $Q_{rh}$ contribution to ocean warming under the ice cover, whereby $Q_{rh}$ is an important heat source for preconditioning sea ice melt in spring and early summer.

### Decay of sea ice under impact of riverine heat

The simulated annual sea ice thickness decay caused by $Q_{rh}$ indicates that the largest sea ice reduction impact occurs around the mouths of the largest Arctic rivers (Fig. 1, A and B). An overall maximum annual reduction in the estimated regional mean sea ice thickness of more than 10% ($\sim 10$ cm) occurred in near-shore part of the Laptev Sea and was associated with a relatively large $Q_{rh}$ input from local rivers (mostly the Lena River). In this region, the impact of $Q_{rh}$ on sea ice can be traced as far as $80^\circ$N during summer, demonstrating that $Q_{rh}$ eventually causes sea ice decay over the outer shelf rather than being only confined to a narrow coastal zone (Fig. 1, A and B).

Our analysis shows that from 1980 to 2015, $Q_{rh}$ caused a sea ice extent retreat of $0.05 \times 10^6$ km$^2$ over the six Arctic shelf regions in September (fig. S2). Anomalous ice volume (AIV), representing the annual sea ice reduction driven by $Q_{rh}$ over the Arctic shelves (Fig. 1C), averaged $63.3$ km$^3$ from 1980 to 2015 (Fig. 2D). The linear
AIV trend suggests a sea ice volume decay rate of $1.24 \pm 0.25 \text{ km}^3 \text{ year}^{-1}$ ($P < 0.01$) from 1980 to 2015 (Fig. 2D). Seasonally, the maximum AIV is found in July (Fig. 2E). The AIV shows strong interannual variability ranging from 25 to 100 $\text{ km}^3$ and large regional differences (Fig. 1C). The largest AIV of 25 $\text{ km}^3$ is found in the Laptev Sea, which has the highest $Q_{rh}$ among the six shelf regions (Fig. 1C) (compared, for example, with AIV = 5 $\text{ km}^3$ in the Beaufort Sea).

However, the relationship between AIV and $Q_{rh}$ is complex; for instance, AIV in the East Siberian Sea, despite relatively low $Q_{rh}$, is larger than the AIV in the Kara Sea (Fig. 1C). This provides important evidence indicating why AIV was higher in the 1980s and 1990s compared with the more recent decades (Fig. 2D), despite having lower $Q_{rh}$ (Fig. 2A). Consolidated sea ice conditions near riverine heat sources (river mouths) in the 1980s and 1990s (Fig. 2C) led to an enhanced $Q_{rh}$ impact on sea ice through intensive lateral and bottom sea ice melt (3, 6), while earlier ice retreat and more extensive ice-free area in recent decades (Fig. 2C) decreased the direct contact of $Q_{rh}$ with sea ice during the melting season, hence lowering AIV (Fig. 2D). Significant correlation ($r = 0.60, P < 0.01$) between simulated AIV and observed sea ice extent in early summer supports this finding (Fig. 2C). However, according to our model simulations, the increasing $Q_{rh}$ trend (Fig. 2A) and decrease in heat expenditures on sea ice melt in the vicinity of river mouths enhanced ocean warming and additional heat released to the atmosphere. The consequences of these changes are discussed in the following sections.

**Warming of shelf waters caused by riverine heat**

The anomalous ocean warming resulting from the increasing impact of $Q_{rh}$ averaged over 1980–2015 was estimated as $Q_{ow} = 48.2 \times 10^{18} \text{ J/year}^{-1}$. This warming spreads from the river mouths toward the outer shelf and also vertically, occupying the entire water column, with greater spread in the recent decades relative to the 1980s (Fig. 3). For example, the anomalous warming of the ocean surface layer reached 76°N in August in the Laptev Sea, where the thin (~5 m) surface layer showed anomalous warming (+1.5°C) from 2006 to 2015 (Fig. 3). Whitefield et al. (15) simulated a ~150-km spread of warm surface riverine water into the Beaufort Sea, which was associated with intensive mixing with deeper water layers at the shelf break. Our analysis shows a similar lateral $Q_{rh}$ spread of up to ~200-km offshore from the Mackenzie River outlet (Fig. 1B). The associated warming resulted in earlier breakup of sea ice by ~5 to 14 days over the coastal shelf and by ~3 days over the outer shelf for the 2006–2015 period relative to 1981–1990 (fig. S3). Both satellite records (fig. S1) and model simulations (fig. S3) also show a widespread lengthening
Ocean–sea ice–atmosphere heat balance change under riverine heat impacts

Our results provide compelling evidence that $Q_{rh}$ contributes to sea ice decay (Fig. 2D) and ocean warming ($Q_{ow}$; Fig. 3) over the six Arctic shelf regions (Fig. 1C). However, we also found that the sea ice retreat triggered feedbacks resulting from the sensitivity of the Arctic ocean–sea ice–atmosphere system to the state of the sea ice cover. A representative example is the ice-albedo feedback. By comparing the two numerical experiments, we found that sea ice decay and associated changes in surface albedo (21, 22) resulted in anomalous absorption of additional shortwave radiation ($Q_{sw}$), which also led to further ocean warming and sea ice melt. In addition, sea ice retreat prompted the release of ocean heat into the atmosphere ($Q_{ao}$) through ice-free areas via contributions of upward longwave radiation and sensible and latent heat fluxes. Furthermore, we quantify the consequences of this increasing $Q_{rh}$ influx. Since the outer boundaries of the shelf regions are far away from the area where impact of $Q_{rh}$ is significant, heat losses through lateral exchanges between the shelves and deeper ocean areas were assumed to be negligible.

The ocean–sea ice–atmosphere system heat balance, including sources ($Q_{rh} + Q_{sw}$) and sinks ($Q_{im} + Q_{ow} + Q_{ao}$) induced by riverine heat influx, averaged for 1980–2015 in the six Arctic shelf regions (Fig. 1C) is summarized in Fig. 4. Here, the ice-albedo feedback triggered by sea ice retreat resulted in $6.0 \times 10^{18} \text{ J year}^{-1}$ of radiative heat ($Q_{ow}$) pumped into the system in addition to the $94.4 \times 10^{18} \text{ J year}^{-1}$ of $Q_{rh}$ delivered by warm riverine waters. $Q_{ow}$ represents the difference in net solar radiation between the two model experiments over the six Arctic shelf regions. Together, $Q_{rh} + Q_{ow}$ represent total system sources in annual heating of $155.0 \times 10^{18} \text{ J year}^{-1}$—an astonishing 64% increase in net energy inputs due to the positive ice-albedo feedback.

The ocean–sea ice–atmosphere system heat sources were balanced by several sinks, including heat sinks to sea ice melt ($Q_{im}$) estimated as $L_i \cdot \rho_i \cdot A \cdot h_i$, where $L_i$ is the latent heat of fusion ($333.7 \times 10^3 \text{ J kg}^{-1}$), $\rho_i$ is the ice density ($917 \text{ kg m}^{-3}$), $A$ is the ice area ($5.18 \times 10^{12} \text{ m}^2$), and $h_i$ is the melted ice thickness (meters). The resulting $Q_{im}$ estimate of $19.4 \times 10^{18} \text{ J year}^{-1}$ constituted 12% of $Q_{rh} + Q_{sw}$ (Fig. 4). Most notable, the effect of the $Q_{im}$ sea ice sink occurred in spring and early summer, accounting for 9% of $Q_{rh}$ during May and August (Fig. 2E). The sea ice reduction by $Q_{rh}$ in winter (Fig. 2F) represents an amplified impact of summer ocean warming across the season (6) and is corroborated by observations showing a thinning shelf ice thickness trend in winter (23).

The anomalous heat sink for ocean warming ($Q_{ow}$) was estimated as $48.2 \times 10^{18} \text{ J year}^{-1}$ (Fig. 4) for the upper 100-m ocean layer (or surface to bottom layer, whichever is shallower) averaged over the six Arctic shelf regions, with an increasing $Q_{ow}$ heat sink trend of $0.16 \pm 0.09 \times 10^{18} \text{ J year}^{-1}$ from 1980 to 2015 (Fig. S4A). The maximum $Q_{ow}$ occurred in late summer (i.e., August or September; fig. S5B), which is a seasonally delayed manifestation of the increased ice melt in spring and early summer due to the peak of $Q_{rh}$. In addition, the ocean warming caused a ~4-day delay of freezing during sea ice formation around large river mouths (fig. S3). The later freezing and

![Fig. 3. Riverine heat increases oceanic temperatures over the Arctic shelves.](https://www.science.org)
earlier breakup trend yielded a longer open water period of up to 15 days in the inner parts of the shelf seas (fig. S3).

Most of the heat stored in the upper ocean in summer is lost to the atmosphere during autumn and winter by the upward propagation of longwave radiation and sensible/latent heat fluxes (fig. S5A). Annual ocean-to-atmosphere heat fluxes contributed 112.0 × 10^{18} \text{ J} (0.68 \text{ W m}^{-2}), or 62%, to the overall heat sinks, thus constituting the largest of the energy sink components. The anomalous heat release to the atmosphere was strongest in late summer and autumn due to ocean surface warming (fig. S5). The three ocean–atmosphere heat flux components (net upward longwave radiation, sensible, and latent heat) contributed almost equally to the ocean heat sink (fig. S4B). Q_{ao} showed a significant increasing trend of 0.70 ± 0.18 × 10^{18} \text{ J year}^{-1} from 1980 to 2015, which is well expressed by the three Q_{ao} constituents and dominated by increasing latent and sensible heat fluxes in the recent decade (fig. S4B). Our simulations captured the effects of the ice-albedo feedback via reduction of sea ice cover and the ocean temperature increase caused by Q_{rh}, resulting in enhanced ocean–atmosphere energy transfer. Thus, our simulations provide a conservative estimate of atmospheric warming caused by Q_{rh} and associated ocean warming.

Average warming of the 300-m atmospheric surface layer (24) in summer (JJAS) over the six Arctic shelf regions from the anomalous Q_{ao} increase was estimated to be 0.34 K (Supplementary Materials), contributing 0.003 K per year to the increasing air temperature trend from 1980 to 2015 (fig. S6). This regional air temperature increase constitutes a sizable part (~5%) of the overall Arctic surface air temperature warming trend of 0.064°C year^{-1} documented from maritime meteorological stations from 1979 to 2008 (25). The temperature increase further amplifies the Q_{rh} effects on sea ice retreat and ocean warming, although these secondary effects were not addressed by our study.

The model estimated components (Q_{im} + Q_{ow} + Q_{ao}) indicate a combined annual heat sink of approximately 179.5 × 10^{18} \text{ J} from the influx of riverine heat into the Arctic shelf regions (Fig. 4). The apparent imbalance between annual heat sources and sinks of ~24.6 × 10^{18} \text{ J} (expressed as a difference between sources and sinks in Fig. 4) characterizes an uncertainty of the estimated heat balance in the system. We note, however, that this imbalance is well within the range of model uncertainty due to the formulated forcing (i.e., indicated by vertical uncertainty lines in Fig. 4). Split evenly between energy sources and sinks, this uncertainty represents only ~8% of the total amount of heat sources or sinks annually by the
system. This uncertainty can be explained by nonstationarities in the heat budget of the system, which are difficult to distinguish. For example, the residence time of riverine water and heat in the deeper water column may exceed 1 year in the shelf seas (26), resulting in overestimated annual $Q_{ow}$. Additional information about uncertainties in our estimates of the heat balance components is provided by the sensitivity experiments derived from three different atmospheric forcing datasets and represented by the uncertainty lines in Fig. 4. For example, the $Q_{th}$ uncertainty of $19.7 \times 10^{18}$ J year$^{-1}$ (table S1) is mainly driven by the difference in precipitation between the three forcing datasets. Overall, these uncertainties do not preclude a meaningful analysis of the heat balance in the ocean–sea ice–atmosphere system (Fig. 4).

Our results indicate that riverine heat influx from the six major river drainage systems is having an important effect on the state of Arctic sea ice and, more generally, the ocean–sea ice–atmosphere system. $Q_{th}$ enforced shelf sea ice decay in the melt season is triggering additional ocean absorption of shortwave radiation associated with the ice-albedo feedback. Increasing riverine heat influxes in the recent decade have warmed extensive areas of the Arctic shelves, promoting stronger ocean–atmosphere heat exchanges and thinner winter sea ice relative to the 1980s (Fig. 5).

The important role of riverine heat inputs on the Arctic ocean–sea ice–atmosphere system revealed by this study is lacking in the current generation of Earth system models. Thus, model improvements to better represent $Q_{th}$ are needed to provide more realistic projections of future Arctic climate system trajectories. A considerable area of the Siberian shelf is underlain by submarine permafrost vulnerable to thawing. Increasing trends in $Q_{th}$ may facilitate additional thawing of bottom permafrost and the release of greenhouse gases (27, 28) that further amplify Arctic warming. The warming ocean likely affects the shelf ecosystem that preserves large amounts of organic matter discharged from terrestrial rivers (29). Increasing ocean temperatures over the broad Arctic shelves may result in enhanced decomposition of benthic organic matter through enhanced bacterial activity and the microbial loop (30), consequently altering nutrient cycling and affecting food availability associated with changes in sea ice, stratification, and vertical mixing (31). Thus, implications of increasing $Q_{th}$ influx in the Arctic may be far reaching, contributing to and potentially triggering multidisciplinary changes in the Arctic climate system.

**MATERIALS AND METHODS**

We used the COCO-CHANGE model framework to assess impacts of $Q_{th}$ on the Arctic sea ice variability. The COCO model, with 25-km horizontal resolution and 28 hybrid $\sigma$–$z$ vertical levels, covers the pan-Arctic region from the Bering Strait to 45°N latitude in the Atlantic side. The atmospheric forcing components are constructed from the Climate Forecast System Reanalysis (32). The CHANGE model includes two modules. The first module represents land surface processes simulating explicit water and energy fluxes and vegetation dynamics in the atmosphere-soil-vegetation system. The second module includes a river discharge scheme adopting a storage-based distributed water routing algorithm with 0.5° (latitude/longitude) resolution (1, 7). Discharge and river water temperatures, simulated using the CHANGE model forced by three different meteorological datasets (Supplementary Materials), were used as riverine freshwater and heat fluxes in the COCO model experiments, which makes it possible to quantify the sensitivity of sea ice to the associated fluxes. Both COCO and CHANGE have been extensively used to simulate changes in sea ice–ocean processes associated with the Arctic sea-ice retreat (12) and long-term changes in river discharge and water temperatures from the pan-Arctic river system (1, 17), respectively.

Two sets of model experiments using the COCO-CHANGE framework were performed. The first (control) experiment used river discharge without consideration of riverine heat: Riverine heat flux referenced to $T_w$ at each river mouth was kept to zero. In other words, $T_w$ is assumed to be the same as the simulated $T_w$, at each model time step so that the simulated ocean temperature is not changed directly by river discharge. This experimental setting is typical for the traditional model design [e.g., (9–13)]. The second experiment used the same atmospheric forcing and model configuration as the control, except that the COCO model used variable $T_w$ derived from CHANGE [i.e., the riverine heat flux defined by $p_w C_v w (T_w - T_s)$ is positive in most periods, $p_w$ is the water density (kg m$^{-3}$), $C_v w = 4187$ J kg$^{-1}$ K$^{-1}$ is the specific heat of water, and $v$ is the volume flux (m$^3$ s$^{-1}$)]. The second experimental design is advanced in that the model realistically represents seasonal and interannual changes of $Q_{th}$ and the associated impacts on the Arctic sea ice and heat budget compared with previous modeling efforts that used more simplistic parameterizations (14) and climatological data (15). We note that this approach is valid only when the mass transport in a basin with open boundaries is balanced so that the heat fluxes have unambiguous physical interpretation (33). However, we used this approach in our study as it is a standard one for modeling simulations. Differences between the two experiments were used to quantify the effect of the $Q_{th}$-induced heat flux anomaly on the state of the Arctic ocean–sea ice–atmosphere system in the defined six Arctic shelf regions (Fig. 1C). Full descriptions of the model approach are given in the Supplementary Materials.

**SUPPLEMENTARY MATERIALS**

Supplementary material for this article is available at http://advances.sciencemag.org/cgi/content/full/6/45/eabc4699/DC1

**REFERENCES AND NOTES**

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